

# Kowloon Junior School - 2016 Aug Menu

# Deli Fresh

Kowloon Junior School

Aug 2016 Lunch Order Reply Slip

Please select your choice A/B/C/D

Date	A	B	C	D - Vegetarian	Fruit
16 Tue	英倫雞皇燴燕麥飯 Oats Rice with Chicken & Bacon in Tomato Sauce	甜咖哩薯仔豬肉丸意粉 Spaghetti w/ Potato & Meatball in Japanese Curry	粟米汁雞扒飯 Rice with Chicken Steak in Sweet Corn Sauce	田園菜飯 Rice with Braised Mixed Veg.	
17 Wed	南瓜燴雞絲飯 Rice w/ Shredded Chicken in Pumpkin Sauce	原盅豆卜蒸雞飯 Steamed Rice w/ Chicken & Bean Curd Puff	高纖燕麥獅子球菜飯 Vegetable Rice with Mincd Pork Meat Balls Filled with Oats	白汁什菌螺絲粉 Fusilli with Assorted Mushroom in White Cream Sauce	Watermelon Cube
18 Thu	豉油皇雞腩飯 Rice with Chicken Thigh in Soya Bean Sauce	意式海鮮飯 Italian Seafood Rice	葡汁什菜肉片長通粉 Penne with Sliced Pork in Portuguese Sauce	粟米汁什菇飯 Rice with Assorted Mushroom in Sweet Corn Sauce	
19 Fri	鮮菇薯球雞球麥米飯 Wheat Rice w/ Chicken, Mushrooms in Fresh Tomato Sauce	# 夏威夷菠蘿火腿薄餅+磨菇茄汁扭扭粉 # Hawaiian Pizza w/ Ham & Pineapple + Twisty Pasta with Mushrooms in Tomato Sauce	白汁燴雞絲飯 Rice w/ Shredded Chicken in White Cream Sauce	日式咖喱什菜飯 Rice w/ Vegetables in Japanese Curry	Honeydew Melon Cube
22 Mon	香草白汁魚粒意粉 Spaghetti with Fish in Cream & Herbs Sauce	香菇肉碎蒸蛋飯 Rice with Steamed Egg w/ Mushroom & Mincd Pork	火雞三文治 Turkey Ham Sandwiches	茄汁豆什菜飯 Rice with Assorted Veg. & Baked Tomato Beans	Hami Melon Cube
23 Tue	焗鮮茄豬扒飯 Baked Pork Chop Rice w/ Fresh Tomato Sauce	粟米魚粒意粉 Spaghetti with Fish in Sweet Corn Sauce	甘筍雞柳南瓜飯 Pumpkin Rice with Shredded Chicken in Carrot Sauce	日式什菜撈飯 Stirred Rice with Assorted Veg. in Japanese Konbu Sauce	
24 Wed	菠蘿咕嚕肉飯 Rice with Pork & Pineapple in Sweet & Sour Sauce	# 千島雞包+茄汁粟米磨菇螺絲粉 # Chicken in Thousand Island Sauce Bun + Fusilli w/ Sweet Corn and Mushroom in Tomato Sauce	白汁雞皇粟米飯 Sweet Corn Rice with Chicken à la King	高纖八寶豆飯 Rice with Mixed High-Fiber Beans	Apple
25 Thu	芝士汁雞粒螺絲粉 Fusilli with Chicken in Cheese Sauce	焗粟米汁雞球飯 Baked Chicken Rice in Sweet Corn Sauce	福建燴飯 Rice with Fukkien-style Braised Shrimp, Ham & Chicken Cube	西汁什菜飯 Rice with Assorted Vegetables in Tomato Sauce	
26 Fri	滑蛋雞球麥米飯 Wheat Rice with Chicken & Scrambled Egg	# 日式肉醬長扒包(豬肉)+菠蘿茄汁通粉 Japanese Mincd Pork Bun + Macaroni with Pineapple in Tomato Sauce	西式薯菜牛肉飯 Rice with Beef and Mixed Veg in Brown Sauce	芝士汁燴四蔬飯 Rice with Assorted Vegetables in Cheese Sauce	Pineapple Cube
29 Mon	洋葱汁雞絲燴意粉 Spaghetti with Shredded Chicken in Onion Sauce	楊洲炒飯 Rice w/ BBQ Pork, Ham & Chicken in Soya Sauce	雜錦雞粒燴紅米飯 Red Rice w/ Chicken & Ham	葡式四蔬飯 Rice with Assorted Vegetables in Portuguese Sauce	Watermelon Cube
30 Tue	磨菇汁蟹柳魚粒飯 Rice with Fish & Diced Crab Stick in Mushroom Sauce	什菜粉絲肉鬆蒸蛋飯 Rice with Steamed Egg, Mincd Pork, Assorted Vegetables & Glass Noodle	雞沙律三文治 Chicken Mayonnaise Sandwiches	忌廉什菌意粉 Spaghetti with Assorted Mushrooms in Cream Sauce	
31 Wed	日式洋蔥牛肉飯 Rice with Beef & Onion in Teriyaki Sauce	# 雞漢堡包+七彩銀針粉 # Chicken Hamburger + Stirred Silver Pin Noodle with Shredded Pork	原盅南瓜蒸雞飯 Steamed Rice w/ Chicken Pumpkin	什菜炒飯 Assorted Vegetable Fried Rice	Pineapple Cube

16	Tue	
17	Wed	
18	Thu	
19	Fri	
22	Mon	
23	Tue	
24	Wed	
25	Thu	
26	Fri	
29	Mon	
30	Tue	
31	Wed	

Our menu uses boneless fish, but it is encouraged to be cautious when eating.

餐單採用去骨魚肉，但以防有殘留魚骨，同學亦應小心進食。

Food may contain egg. Students with egg allergy should not choose the menu.

此款式食物含有蛋類成份，若對蛋類有敏感人士請勿選擇此款

\* Caution: Food are produced on shared equipment that processes cereals containing gluten, crustacean, fish, eggs, peanuts, soy, milk, nut or traces of nut. For the sake of safety, students with food allergy are recommended not to order our lunchboxes.

注意：生產廠房將處理致敏食品(如：含有麩質的穀類，甲殼類動物製品，魚，蛋，花生，大豆，奶類，木堅果及堅果類製成品)，為保障同學健康，我們建議患有食物過敏的同學自備午餐

### Aug 2016 Payment:

By Crossed Cheque payable to "Deli Fresh Limited": 12 days x HK\$30 = HK\$360.00

- Please deposit the cheque together with your order reply slip into the collection box at PTA Shop by **22/6/2016 - Noon.**

- Late order will not be accepted.

- Deli Fresh will nominate meal "D" for any unclear selection.

- If choices do not match total paid, Deli Fresh representative will contact you for clarification. Please ensure contact details are completed in full.

\*For any order cancellation, please email to [feedback@delifresh.com.hk](mailto:feedback@delifresh.com.hk) or call 2116 2207/ 2116 2350 before 9:30am.

Food may contain pork.

此款式食物含有豬肉

Food may contain beef.

此款式食物含有牛肉

# Smaller Portion

Enquiry Hotline: 2116 2207 / 2116 2350

Fax: 2116 2675

E-mail Address: [feedback@delifresh.com.hk](mailto:feedback@delifresh.com.hk)

Student Full Name: \_\_\_\_\_

Class: \_\_\_\_\_

Contact Mobile No. : \_\_\_\_\_

**Submission Deadline: 22/6/2016 - Noon**

Payment Method :  
HK\$30 x \_\_\_\_\_ days = HK\$ \_\_\_\_\_

Cheque (Bank: \_\_\_\_\_)

Cheque (No: \_\_\_\_\_)